

# PASSION for SUPPORT

Delivering care in Calderdale

NEWSLETTER 

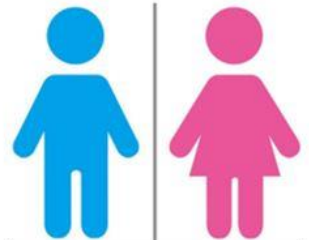
**NOVEMBER 2022**

Welcome to the November 2022 Passion for Support newsletter. We hope you'll find the information interesting and informative.

Our customers are aged between 32 and 96 years of age.

The average age of our customers is 77.65 years.

Our most longstanding customer has been with us since 2014.



**49%** of our customers are male

**51%** of our customers are female

## Older Person's Support Service for the over 60s



**Together Housing** provide a **FREE OF CHARGE** Older Persons Support Service to anyone in Calderdale aged 60 and over. **You do not have to be a Together Housing tenant** to receive support. Their team of Housing Support Officers provide **FREE** support, assistance, and advice to help customers live happy independent lives in their own homes.

### Support includes:

- \* Accessing mobility aids
- \* Help sourcing a cleaner or gardener
- \* Support with rent, benefits or debt advice
- \* Assistance with shopping
- \* Support with finding a suitable home
- \* Support moving into your new home
- \* Sourcing contractors to help with repairs
- \* Support accessing care
- \* Reading and responding to letters or bills
- \* Help with filling in paperwork, online applications, or prescriptions
- \* Making sure your home is safe and user-friendly.

To find out more or refer someone to this service, **contact Together Housing:**  
0300 330 5528 Option 1 (for Calderdale) *or* email: [calderdalesh@togetherhousing.co.uk](mailto:calderdalesh@togetherhousing.co.uk)

## UK Prime Ministers (as at 24.10.2022!)

As the UK welcomes Rishi Sunak, its 57th Prime Minister, here are a few Prime Ministerial facts...

Any Member of Parliament **over the age of 18 can become prime minister** (in the US, the age is 35!).

Robert Walpole, is recognised as the **first prime minister**; he began his premiership in 1721. He is also the **longest-serving prime minister**, having sat for a total of 20 years and 314 days.

William Pitt the Younger was the **youngest prime minister** at just 24. He is the second longest-serving prime minister, with a tenure of 18 years and 343 days.

The term 'prime minister was originally seen as a term of sardonic **abuse** aimed at politicians who sought to rise above their station.

To date, only one prime minister has been **murdered** in office. Spenser Perceval was shot dead by John Bellingham in 1812 because of a personal grudge against the government.

The **shortest term in office** depends on the criteria used, however:

- 2 days – William Pulteney, 1st Earl of Bath - was asked to form a government but was unable to find more than one person who would agree to serve in his cabinet (10 – 12 February 1746).
- 5 days – Lord James Waldegrave tried to form a government but failed to do so and stepped down, partly because he feared that he would fall out with his close friend, the King (8 – 12 June 1757).
- 25 days – The Duke of Wellington declined to become prime minister in favour of Robert Peel but formed a caretaker administration for 25 days while Peel returned from Europe (17 November – 9 December 1834).
- 49 days - Liz Truss (6 September – 24 October 2022).
- 119 days - George Canning, whose term lasted until his death from tuberculosis (12 April 1827 – 8 August 1827).



### Royal Mail Postage Stamps

Royal Mail is urging people to **use up stamps that do not have a barcode by 31 January 2023** after which they will no longer be valid for postage.

**This affects 'everyday' stamps featuring the late Queen's profile.** You will still be able to use themed, commemorative and non-

barcoded Christmas stamps after the deadline.

If you are unable to use everyday stamps by 31 January **you will need to exchange them for barcoded stamps** free of charge. However, **you can't do this at the Post Office**, you will need to return them along with a completed Stamp Swap Out form which you can download from the internet (<https://bit.ly/3DriDa5>) or you can telephone the Customer Experience Team on 03457 740740.

## Tips for keeping warm this winter

These tips are common sense, but it doesn't hurt to be reminded of them now and again, especially as we're heading in to another winter *and* with energy prices skyrocketing.



**Dress in layers** and wear a hat, gloves and scarf. Clothes made from wool, cotton or fleecy fabrics are warmest. When you're indoors, wear warm socks and slippers to keep your feet cosy.

**Close doors** and use a keyhole cover to block draughts. Consider thermal linings for curtains to keep the heat in.

If you can, keep your main living room at 18–21°C (64–70°F) and the rest of your house at 16°C (61°F) at least. Consider **heating the living room during the day and the bedroom just before you go to sleep**. In bed, use either a hot water bottle or an electric blanket.

Have **hot drinks and food** such as porridge, soups and stews. Avoid overfilling the kettle, limit it to the amount of water you need.

**Keep active** to boost your circulation. Move around at least once an hour and avoid sitting still for long periods. Even light exercise will help keep you warm. When you sit down, put your feet up as it's coldest nearest the ground.

**Switch off standby**. Almost all electrical appliances can be turned off at the plug without upsetting their programming.

**Turn your lights off** when you're not using them or when you leave a room. Consider replacing lights in your home with LED bulbs which are cheaper to run.

**Swap your bath for a shower**. Swapping just one bath a week with a 4-minute shower could save you £20 a year.

If you have a **hot water cylinder**, increasing the insulation to a British Standard Jacket 80mm thick, can save £70 a year.

**The government is giving every household £400 off their electricity bill**. This is called the Energy Bills Support Scheme. You don't need to do anything to get the money and you won't have to pay it back.

If you pay by **direct debit** your supplier will either reduce your direct debit amount or pay money into your bank account each month for six months (£66 in October and November and £67 in December, January, February and March).

In addition, if you receive the State Pension, the Government **Winter Fuel Payment** is an annual one-off payment to help you pay for heating during the winter. You usually get this if you were born on or before 25 September 1956. In addition, if the weather is exceptionally cold, you may also receive an additional **Cold Weather Payment**.

# THE HERBERT PROTOCOL



Safe & Found

## The Herbert Protocol

The Herbert Protocol is an initiative introduced by **West Yorkshire Police and other agencies** which encourages family, friends or carers to compile **useful information** which could be used in the event of a **vulnerable person going missing**.

Carers, family members and friends can complete, in advance, a form recording all vital details, such as medication required, mobile numbers, places previously located, a photograph etc. In the event of your family member or friend going missing, the form can be sent or handed to the police to reduce the time taken in gathering this information.

The Herbert Protocol initiative is named after George Herbert, a War veteran of the Normandy landings, who lived with dementia.

**You can obtain a copy of the Herbert Protocol form from the internet:**


[www/westyorkshire.police.uk/dementia](http://www/westyorkshire.police.uk/dementia). Or, if you don't have access to the internet or a printer, if you or someone you care for receives visits from Passion for Support carer, ask the Carer to obtain a copy of the form from our office.

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## QUARTERLY STAFF REWARDS

We regularly receive feedback from customers about our Personal Assistants and Carers and this is always passed on to them. In the quarter to the end of September, **Helen, Lynsey and Lesley** all received fabulous feedback from customers and we've paid them a small 'Reward' to thank them.


We recognise and value the great work all of our staff do and appreciate receiving feedback for a job well done.



The average age  
of our staff is  
50.33 years.



Our youngest member  
of staff is 23 years old &  
the oldest is 67 year old.



Our longest serving  
member of staff has  
been with us for 12  
years and 5 months.

## PERSONAL ASSISTANT RECRUITMENT

If you follow Passion for Support on **Facebook** you may have seen our recent 'Join Our Team!' advert below. If you do see our adverts, we'd be very grateful if you'd share them. You never know who might be interested, or who might know someone who might be interested.

**JOIN OUR TEAM!**  
Looking to make a difference in your community?  
**We need carers!**

We're currently looking for people who live in the **Calderdale / Halifax area**, are able to drive and have their own vehicle, and are looking to make a difference in their neighborhood.

**PASSION for SUPPORT**  
Delivering care in Calderdale  
If this sounds like you, then **join our team!**

**PASSION for SUPPORT** 01422 374097 info@passionforsupport.com  
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**THANK YOU** very much for your continued support and custom.  
*It is very much appreciated.*



Passion for Support is a **domiciliary home care company** based in Greetland, Halifax. Established in January 2009, we provide private home care to adults throughout Calderdale. Our visits last a minimum of 1 hour as we don't believe we can add value to the lives of our customers in less time than this.

### OUR CONTACT DETAILS ARE

**Monday to Friday 9.30am until 4.00pm**

Contact us in the office on  
01422 374097

For **urgent matters** that must be dealt with  
outside office hours our On Call number is  
07377 376945

You can contact us by **email** at any time at  
[admin@passionforsupport.com](mailto:admin@passionforsupport.com)

**Our office is at:** Brian Royd Business Centre, Saddleworth Road, Greetland, Halifax, HX4 8NF  
Our **Care Quality Commission (CQC)** provider ID is: 1-101657235

A REMINDER...If you've not already done so, please don't forget to let us know your Christmas and New Year visit requirements.